



Full Service Pro-Shop
Open to the Public!



The "Blue" Deck



Parent Viewing Areas
on Both Decks!



Kid's Waiting Room



Full Cardio &
Weight Training
Gym



The "Red" Deck

**The Best in
Today's Martial Arts**

Interested in MORE than Martial Arts? We Have It.

New Jersey Martial Arts Academy and Sports Training Facility offers programs to meet everyone's needs. Call for info on our Weight and Cardio Training Programs.

- **Strength Building**
- **Body Sculpting**
- **Endurance Training**
- **Cardio Fitness**
- **Sport Training**

We Have a Complete Fitness Training Gym with Elliptical Trainers, Recumbent Riders, Treadmills, Free Weights, a Multi-Station Vectra Stack Machine and Powertech Workbench Training Systems.

"Committed to Achieving Personal Excellence through the Development of MIND, BODY, & SPIRIT. We work from the inside-out, building Inner-Confidence, Mental Discipline, and Physical Skill"



More Than a Karate
School, A Martial Arts
Academy & Sport
Training Center

Martial Arts Membership Programs



New Jersey Martial Arts Academy and Sports Training Facility

973-770-4555

www.NewJerseyMartialArtsAcademy.com

Modesty, Courtesy, Integrity,
Self Control, Perseverance,
Indomitable Spirit

Kyoshi Marvin Carmona

Shihan Carmona has been training in
the Martial Arts for over 30 years.

He holds multiple black belts:

7th Degree

Isshin-Ryu Karate

3rd Degree

Kendo

(Japanese Swordsmanship)

2nd Degree

Yoshituni Jujitsu

1st Degree

Okinawan Weapons

Kyoshi trained under the well renowned
Sensei Dale Jenkins



Students Receive Individual Attention



**Mike Chat, the Blue Power Ranger
Visits Our School**

- **Isshin-Ryu Karate** A Traditional Karate Martial Arts program for all ages starting with *Tiny Tigers* for ages 3, 4, & 5; *Little Dragons* for ages 6 thru 8; *Jaguars* for ages 9 to 12; And *Teen & Adult*
- **Kendo** The Ancient Japanese Samurai Art of Swordsmanship
- **Yoshitsuni Jujitsu** Training in the art of Grappling, Throwing, and Submission; the predecessor to Judo. This system comes directly from the First family in Jujitsu here in the United States *The DePasquale's*
- **Kobudo** Our Okinawan Weapons will give you the opportunity to learn a variety of traditional weapons such as the Bo Staff, Sai, Tonfa, Nunchukas, Philippine Arnis (Escrima Sticks), Kama and more
- **XMA: Xtreme Martial Arts**
A modern day Martial Art created by Mike Chat combining a dynamic Karate with Gymnastics, Theatrics, Dance, Acrobatics and Stage Presence. High Energy & FUN!
- **Special Handi-Capable Martial Arts**
Offering specialized training to all ages through the "Kicks for Kids, Inc" Not For Profit organization. This program uses the benefits of the Martial Arts to develop balance, coordination, muscle strength and tone, focus, discipline and more!

**Age Specific
Curriculum
Starting at Age 3**

Our Membership Programs Offer

- No Hassle Enrollments!
- Discount Pricing For Multiple Programs- Saves You Money!
- Family Discounts for Each Additional Person!
- Student Reviews to Discuss Progress & Set YOUR Goals!
- Fitness Gym Membership can be Included!

**Bring In This Brochure
And Receive
3 Week Trial Program
For
\$49.95**

INCLUDES UNIFORM!



**New Jersey Martial Arts
Academy & Sport Training
Facility**

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